First, Then, Next, Done

A visual path for children who need to see where the demand ends.



FIRST — What begins the plan

THEN — What follows

NEXT — Only if we need it

DONE — The plan has an ending

WHEN THE PLAN CHANGES:

Replace the card and explain what changed. Predictability can include supported change.

"Let all things be done decently and in order."

1 CORINTHIANS 14:40

Cut-Out Learning Cards

Cut, laminate if helpful, and use only the cards your child needs.

READ TOGETHER	INDEPENDENT READING	MATH	WRITING
SCIENCE	HISTORY	ART	MUSIC
LIFE SKILLS	OUTSIDE	MOVEMENT	SNACK
QUIET BREAK	SENSORY BREAK	CHOOSE A TOPIC	AUDIOBOOK
VIDEO LESSON	GAME	HELP MOM	ALL DONE

"I will instruct thee and teach thee in the way which thou shalt go."

PSALM 32:8

Blank Cards for Their Real Life

Add the activities, supports, and transitions that fit your child.

"In all thy ways acknowledge him, and he shall direct thy paths."

PROVERBS 3:6